

PROGRAM OVERVIEW

As managers the mindset we hold about others is equally important as the one we hold about ourselves. As such, it's critical that managers are willing to look at how their own mindset plays into talent utilization, delegation, and creating psychological safety within their teams.

But where does mindset come from, how do we know what mindset we're operating from and how can we change it when we need to? We'll take you through an empowering workshop on managing your mindset and those of the people you manage.



LEARNING IMPACT



Fundamental Knowledge:

You can't manage what you don't understand and our own thoughts and thinking styles can be some of the trickiest things to understand.



Increased Accountability

As you start to develop your own growth mindset and shape the development of a growth mindset on your team, you'll see less finger pointing and more accountability.



Tools to Overcome Negative Thought Patterns.

Learn how to evaluate negative thoughts and learn valuable redirecting tools and strategies to reframe them and keep them in check.

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“Absolutely timely with a lot of valuable information with helpful tips and plenty of takeaways. Thank you.”

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Relias Wokshop

PROGRAM DETAILS

- 2hr workshop
- Delivered remotely or in person
- Ideal for manager development and anyone looking for ways to manage their thinking

Contact Liana Slater for more information at 347-281-3998

